

# Eurasian teal

## 小水鴨

春去秋來，小小鴨的蹤迹讓人心感季節變換  
曾幾何時，小小鴨飛來的數量逐漸減少…

Departing in the spring and  
returning in the fall.  
Migrating Eurasian teals remind  
us of the changing seasons  
Once upon a time,  
The numbers of arriving Eurasian  
teals were dropping.



### 小水鴨的數量變化

亞洲地區的小水鴨屬於crecca亞種，繁殖於西伯利亞地區，東北區域涵蓋於日本、韓國、中國大陸黃河、長江流域及沿海地區，臺灣、中南半島及印度、孟加拉地區等濕地環境。數量估計在80萬~90萬之間。

The Changing Numbers of Eurasian Teals

至於，臺灣地區的小水鴨族群，1996年約可視為一個分水嶺，全臺數量5萬多隻達到最高峰，此後小水鴨數量就逐年向下遞減，2011年度已降到10,628隻。22年之間，數量減少了80%，4萬多隻。

香港與臺灣的小水鴨數量族群變化頗為類似，香港的度冬小水鴨數量最高峰4,111隻出現在1999年，臺灣小水鴨數量最高峰出現在1996年51,032隻，同樣高峰之後呈現巨幅的下降趨勢。

由此觀之，臺灣與香港的小水鴨數量略有同步變化之趨勢。另依據國際濕地組織研究報告中指出源自於亞洲地區小水鴨的整體數量變化趨勢，在1998年至2007年之10年期間，亞洲的水鳥族群包含小水鴨整體數量都是呈現下降趨勢的，因此小水鴨的保育，以至於整體亞洲水鳥的保育實可說已迫在眉睫。

On Taiwan, Eurasian Teal numbers peaked at over 50,000 in 1996. Following years have seen a gradual drop in the population. In 2011, 10,628 birds were recorded, marking an 80% reduction of the population over 22 years, or a loss of approximately 40,000 birds.

Hong Kong and Taiwan share similar statistics showing declining populations of wintering Eurasian Teals. In Hong Kong, the number of wintering Eurasian Teals peaked at 5,411 in 1999, while in Taiwan the number of Eurasian Teals peaked in 1996 with 51,032 birds, also exhibiting a steady downward trend after a significant peak.

From these observations, a similar trend in changing numbers is observed in Hong Kong and Taiwan. A research report of the international wetlands group indicates that from 1998 to 2007, the numbers of Anatidae, including Eurasian Teals, all show a declining trend, so the protection of Eurasian Teals, as well as the overall protection of all Anatidae in Asia is urgent.

Eurasian Teals in Asia of the subspecies crecca, breeding in Siberia, winter in areas including Japan, Korea, the Yellow River, the Yangtze River and China coastal areas, Taiwan, Indochina and India, Bangladesh, have a population estimated at between 800,000 to 900,000.

According to the Agriculture, Fisheries and Conservation Department of the Hong Kong Government (AFCD) and the Hong Kong Bird Watching Society (HKBWS), the numbers of Hong Kong Eurasian Teals reached their peak in 1999 with 5,411 birds. Following, the population declined to 481 birds in 2013, an alarming drop in the population.

### 小水鴨減少可能原因

濕地開發、污染增加，以及獵捕威脅。此外，還有氣候變化及其連帶影響，例如：乾旱頻率增加、海平面上升、北極苔原棲地減少等，已為全球水鳥族群帶來極具殺傷力的災難性影響。

其中，氣候暖化導致候鳥遷徙旅途延長，加劇候鳥遷徙到理想棲地的難度，無疑將挑戰它們的耐力極限。研究顯示，由於氣候暖化，與20年前相比，目前已有大量候鳥北返時間提前、南遷時間推遲之情形。

### Possible Causes of the Reduced Populations

Possible causes of population reduction include development of wetland areas, increased pollution and hunting threats. In addition, climate change and its related effects, including increased frequency of droughts, rising sea levels, and reduction of the Arctic tundra habitat have all brought devastating impact to global waterfowl populations.

Global warming leads to extended and aggravated migrations, which challenge the limits of the Eurasian Teal's endurance. Research has shown, that compared with 20 years ago, large numbers of migratory birds travel north ahead of time, and delay their return south due to global warming.

### 為何要監測小水鴨

### The Need for Observation

環境變遷是無止境的，生物族群也會因棲息地的改變，或其他干擾因素而產生些許變化。鳥類是環境的指標，是因為鳥類是最容易觀察，也最易受到干擾的生物，因此研究及調查鳥類與環境變遷與互動之關係，成為重要且應長期投入觀察的重點。

目前亞洲地區自然環境破壞的狀況與歐美相較之下嚴重許多，脆弱的生態系統無法承擔經濟與人口迅速成長的龐大壓力，全球水鳥數目在過去5年之內已銳減40%。雁鶲科水鳥體型大、易觀察，而小水鴨在度冬鴨科水鳥群的數量較多、分佈廣，自是最佳的監測指標物種。

The natural environment is in constant flux, animal populations change, because of habitat changes, or other disturbances. Birds are an indicator of the environment, and because birds are so easy to observe, but also so vulnerable to disturbance, research and investigation of the relationship between birds and environmental change has become important and should be the focus of on-going long-term efforts.



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社團法人台北市野鳥學會  
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(順序名單依字母排列)

# 小水鴨俏模樣

## Appearance of the Eurasian Teal



## 小水鴨吃什麼

### What do Eurasian Teals Eat?

冬天以水生植物及植物種子為食，也會覓食藻類、田螺、貝類等水生動物。春、夏則以水中無脊椎動物為主食。然而，隨著季節遷徙，小水鴨由西伯利亞一路南下朝鮮半島、中國大陸沿海、臺灣，再北返而回的過程中所攝取的食物，則多是遷徙路線當地所能提供的食物。

In the winter the Eurasian Teal feeds on water plants and seeds. They will also eat algae, snails, shellfish and other aquatic animals. In the spring and summer their primary diet is invertebrates living in the water. The Eurasian Teal migrate with the seasons, from Siberia, south over the Korean peninsula, China's coastal areas, Taiwan, and then returning north, following their migratory route which provides local food along the way.



## 學名 Scientific name

*Anas crecca*

英名 English name

Eurasian teal / Common teal

別名 Aliases

綠翅鴨 (香港)、小麻鴨、金翅仔 (閩語)

體長 Body length

35-39cm

# 小水鴨住哪裡

## Where do Eurasian Teals Live?

繁殖於歐洲及西伯利亞，冬季徙往至非洲北部尼羅河流域、中亞、南亞、臺灣和菲律賓等地度冬。常小群或大群的和其他鴨科棲息於海邊、河口、沙洲、湖泊、沼澤、鹽田、魚塭及內陸溪流等有水草的濕地覓食；為冬季移徙來臺最普遍、數量也最多的雁鴨科鳥類。每年9月開始陸續抵達，11月至12月為盛期，翌年3月底開始北返，於4月底時幾乎皆已離開。

The Eurasian Teal breeds in Europe and Siberia, then migrates to the Nile basin in North Africa, central Asia, south Asia, Taiwan and the Philippines to winter. They are often seen in small or large groups with other kinds of ducks in wetland habitats foraging for plants along the ocean, in estuaries, on sandbars, in lakes, swamps, salt flats, fish ponds and streams. Their winter migration to Taiwan is common and is the largest migration of Anatidae (ducks geese and swans). They begin arriving in September, reaching their peak from November to December. In the spring they return northward starting at the end of March and by the end of April almost all birds have left.



# 臺北哪裡看

## Where to see the Eurasian teal in Taipei?

依據鳥友的觀察記錄，大臺北地區觀察小水鴨的最佳地點仍是淡水河流域中由臺北市動物保護處管轄的「華江雁鴨自然公園」及「關渡自然公園」等兩處。其中關渡自然公園自2001年與台北市野鳥學會攜手經營後，更成為北部區域最重要的候鳥度冬地及環境教育解說中心。

According to birdwatcher observation records, the best place to see the Eurasian teal in the greater Taipei area are still the Huaijiang Waterfowl Nature Park administered by the Taipei City Animal Protection Office and the Guandu Nature Park in the Tamsui river catchment area. Since the Wild Bird Society of Taipei assumed administration of the Guandu Nature Park in 2001, the park has become an increasingly important wintering site for migratory birds as well as an environmental education and interpretive center.



## 我可以參與的保育行動

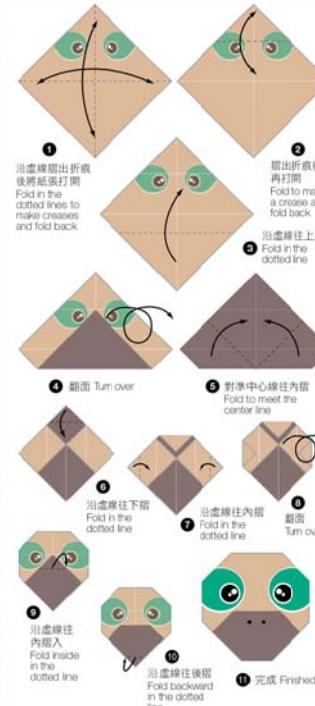
- 加入保護野鳥和棲地的保育義工組織
- 捐款支持棲地的保育計畫
- 不支持不當的濕地開發
- 採用友善環境的產品
- 鳥地遊憩活動遵守法律規範
- 尊重小水鴨，鳥鳥及攝影時不干擾
- 保護濕地的生態環境
- 不參與打獵活動
- 減少生活中的能源浪費



## Personal Actions to Support Conservation

- Join wild bird protection and habitat conservation volunteer organizations
- Support habitat conservation projects
- Oppose improper wetland development
- Use environmentally friendly products
- Follow the rules for wetland recreation area activities
- Respect the Eurasian Teal, limit activities to bird watching and photography
- Protect wetland ecological habitats
- Do not participate in hunting activities
- Reduce daily energy waste

## 小水鴨摺紙 Eurasian Teal Origami



一起動手做看看，摺出可愛的小水鴨  
Everyone can try their hand at making the charming Eurasian Teal origami